



AESTHETIC FACIAL PLASTIC SURGERY PLLC
DR. PHILIP YOUNG, MD

AESTHETIC FACIAL PLASTIC SURGERY, PLLC

Philip A. Young, M.D.

Board Certified Facial Plastic & Reconstructive Surgery
Board Certified Otolaryngology / Head and Neck Surgery
1810 116th Ave NE, Suite 102
Bellevue, WA 98004

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EDUCATION

2004-2005 **Fellowship** Facial Plastic and Reconstructive Surgery Louisiana State University Health Science Center, Shreveport, LA Fellowship Director: Fred Stucker, M.D.

2003-2004 Chief Resident Otolaryngology – Head and Neck Surgery
University of Southern California at Los Angeles, CA

1999-2004 **Residency** Otolaryngology – Head and Neck Surgery
University of Southern California, Los Angeles, CA

1995-1999 **Medical School** Doctorate of Medicine Tulane University, New Orleans LA
-Alpha Omega Alpha – Medical Honor Society
-Recipient of McGraw-Hill Award: awarded to top two students in 1st 2 years in medical school

1989-1995 **Undergraduate** Bachelors of Science in Molecular and Cell Biology
University of Washington, Cum Laude

BOARD CERTIFICATIONS

American Board of Facial Plastic and Reconstructive Surgery

Date of certification: 6/14/08, Date of expiration 12/31/18



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American Board of Otolaryngology-Head and Neck Surgery

Date of certification: 6/01/05, Date of expiration 6/30/15

HONORS & AWARDS

Sir Harold Delf Gillies Award 2005

Awarded for Best Basic Science Research Fellowship Paper granted by the American Academy of Facial Plastic and Reconstructive Surgery.

Alpha Omega Alpha – Medical Honor Society

McGraw-Hill Award, Tulane University

Award for outstanding academic achievement for top two students in medical school class.

Chinese American Scholarship

Awarded to top student of Chinese descent for second year of medical school.

(NIH) National Institutes of Health Scholarship Award to do research on the algae *Acetabularia acetabulum* at the University of Washington.

PUBLICATIONS

A New Theory on Facial Aesthetics: Circles of Prominence. *Rhinology*. Springer. Pending

Young PA, MD; Rice DH, MD. Management of a Type II Nasoethmoid Orbital Fracture and Near Penetration of the Intracranial Cavity with Transnasal Canthopexy. *ENT* June 2007. vol 86, number 6 344-347, 360.

Circles of Prominence: A New Theory on Facial Aesthetics. **Philip A. Young; Uttam Sinha; Dale H. Rice; Fred Stucker.** *Arch Facial Plast Surg*. 2006;8:263-267. Received Sir Harold Delf Gillies Award 2005 by American Academy of Facial Plastic and Reconstructive Surgery for best basic science research among academy fellows.

Circles of Prominence: A New Theory on Facial Aesthetics. **Philip A Young.** Jan 2007 *Cosmetic Surgery Times*.



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Research with the Department of Otolaryngology and my program director Dr. Uttam Sinha. The Use of a Fibular Free Flap with Acellular Human Dermal Matrix (Alloderm) in Oromandibular Reconstruction. Accepted for publication with Laryngoscope.

Sinha U, **Young P**, Hurvitz K, Crockett D. Functional outcomes following palatal reconstruction with a folded radial forearm free flap. ENT January 2004, volume 83: 45-48.

RESEARCH

College: Research on the cell biology of *Acetabularia acetabulum* in which I concentrated on the effects of blue light on the morphogenesis of tip maturation and reproduction. I received a grant funded through the NIH for a one-year research position, it was given to me as a scholarship to work in the department of Molecular and Cellular Biology at the University of Washington.

Medical school: Research with the Department of Pathology at Tulane University Medical School. My work concentrated on the expression of Fas antigen and Fas Ligand mRNA in eukaryote cell lines. The research included extensive lab work consisting of using rt PCR techniques, SDS electrophoresis and computer analysis of mRNA folding. My work has been presented at a number of different meetings. Dr. Wai Choi Leung, my mentor during this project, is still formulating a paper using this research.

Residency: Research with Dr. Yi-Hsin Liu BS, PhD during the 2003-2004 year studying the events governing craniofacial growth employing immunohistochemical techniques identifying SMAS protein products in embryonic mice anterior frontal sutures.

ACADEMIC APPOINTMENTS

Committee member for the American Academy of Facial Plastic and Reconstructive Surgery (2006-2008):

- Public Information Committee
- Young Physicians Committee
- Face to Face Committee
- Research Committee



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Work Experience:

2005-2006: I worked in Santa Rosa Memorial Hospital as lead Head and Neck Trauma Surgeon for their level II trauma center.

Associations:

Sigma Phi Epsilon fraternity

American Academy of Otolaryngic Allergy (AAOA)

American Academy of Facial Plastic and Reconstructive Surgery

Alpha Omega Alpha Honor Society

American Rhinological Society

American Academy of Otolaryngology – Head and Neck Surgery

Department Representative of the Joint Counsel of Interns and Residents (JCIR) through which I obtained greater than \$100,000 worth of funding for our department in 2001-2002.

Sonoma County Medical Association member

Courses:

April 27-29, 2001: Basic course on Otolaryngic allergy by the American Academy of Otolaryngic Allergy in Dallas, Texas.

January 11, 2002: Lumenis sponsored course on “New Advances in Laser Technology and Facial Plastic and Reconstructive Surgery” Pasadena, California.

March 14, 2002: Lumenis sponsored course on “Basic Course in Laser Principles, Safety and Use in the Clinical Setting” at Los Angeles County.

September 2002: San Diego Fall Meeting of the American Academy of Facial Plastic and Reconstructive Surgery.

September 2004: New York Meeting of the American Academy of Facial Plastic and Reconstructive Surgery. Scientific general session, endoscopic upper/midface part I, II, aesthetic surgery for the aging face part II.

January 29-February 2, 2005: Dallas Foundation of Otology, Surgical Anatomy and Temporal Bone Dissection Course.



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August 12, 2005: Palomar Intense Pulse Light and Laser Course. San Francisco, California. Sponsor Greg Bonnefield

September 17, 2005: Latest Trends in Non-invasive Aesthetic Procedures and Techniques. Walnut Creek, California.

September 2007: American Academy of Facial Plastic and Reconstructive Surgery Fall Meeting in Washington DC. Scientific general session, Cadaver Course

September 21-26, 2010: American Academy of Facial Plastic and Reconstructive Surgery Fall Meeting in Boston, Massachusetts, Scientific general session.

Presentations:

Peripheral T Cell Lymphoma: A NK Cell Variant of Nasal lymphoma. Grand Rounds at LA County / USC Department of Otolaryngology, July 13, 2001.

Posterior Glottic Stenosis. Grand Rounds at LA County / University of Southern California, Department of Otolaryngology, January 4, 2002.

Basal Cell Carcinoma of the Eyelid. Grand Rounds at LA County / University of Southern California, Department of Otolaryngology, October 25, 2002.

The Use of a Fibular Free Flap with Acellular Human Dermal Matrix (Alloderm) in Oromandibular Reconstruction: Southern Chapter of the American College of Surgeons, Four Seasons Santa Barbara, California January 24-26, 2003.

The Use of a Fibular Free Flap with Acellular Human Dermal Matrix (Alloderm) in Oromandibular Reconstruction: 87th Annual Meeting June 20-24, 2003 of the Pacific Coast Oto-Ophthalmological Society, San Diego, California.

Functional Nasal Surgery. Grand Rounds at Los Angeles County / University of Southern California, Department of Otolaryngology, October 10, 2003.

The Use of a Fibular Free Flap with Acellular Human Dermal Matrix (Alloderm) in Oromandibular Reconstruction: Southern Chapter of the American College of Surgeons, Four Seasons Santa Barbara, California, January 16-18, 2004.



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Anesthesia Management of Microvascular Free Flaps; Presentation of a New Algorithm: Southern Chapter of the American College of Surgeons, Four Seasons Santa Barbara, California, January 16-18, 2004.

Young P, Rice D, Sinha U, Stucker F. New Theory on Facial Aesthetics: Circles of Prominence. Combined Otolaryngology Scientific Meeting. Boca Raton, Florida. Boca Raton Resort and Club, May 13-15, 2005.

Facial Beauty: Relevance, Current Theories And a Novel Hypothesis; The Circles of Prominence. Grand Rounds at Louisiana State University School of Medicine. May 31, 2005

Facial Beauty and Plastic Surgery Today: October 2005 Radio Talk Show KSRO, Santa Rosa California.

Asian vs Occidental Eyelid Anatomy: October 13-22, 2006 Face to Face Mission to Ho Chih Minh and Hue, Vietnam to help women of domestic violence and cleft lip and palate.

Asian Blepharoplasty: October 13-22, 2006 Face to Face Mission to Ho Chih Minh and Hue, Vietnam to help women of domestic violence and cleft lip and palate.

Mandible Fractures: October 13-22, 2006 Face to Face Mission to Ho Chih Minh and Hue, Vietnam to help women of domestic violence and cleft lip and palate.

Young P, Mercado N, Lyons H. Circles of Prominence: Ideal Ratios that Determine that Basis of Facial Beauty. American Academy of Facial Plastic and Reconstructive Surgery, Fall Meeting. Sept 15-19, 2007. Washington DC

Asian Blepharoplasty: October 9-18, 2008 Face to Face Mission to Linyi, China to help women of domestic violence and cleft lip and palate.

Minifacelift: My experience with over 1100 patients: October 9-18, 2008 Face to Face Mission to Linyi, China to help women of domestic violence and cleft lip and palate.



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Examinations:

2001 Otolaryngology Training Examination:

Scaled Score Total: 6.32

2002 Otolaryngology Training Examination:

Scaled Score Total: 7.08

Group Percentile Rank: 95%

National Percentile Rank: 92%

2003 Otolaryngology Training Examination:

Group Percentile Rank: 95%

National Percentile Rank: 96%

2004 Otolaryngology Training Examination:

Scaled Score Total: 7.21

Group Percentile Rank: 90%

National Percentile Rank: 94%

2005 American Academy of Facial Plastic and Reconstructive Surgery Board Examination:

100th percentile written score, 66th percentile oral score

Volunteer work:

1994-1995 volunteer at the University of Washington Medical Center.

1994-1995 Special Olympics Volunteer, Seattle, Washington.

1994-1995 Activities Coordinator for Alzheimer patients at a local Seattle Nursing Home.

1993-1995 Youth counselor for Evangelical Church of Christ, Seattle, Washington.

1994-1995 Ki On Nursing Home Volunteer: participated in rehabilitative activities for the elderly, in association with the Chinese Student Association at the University of Washington.

1995-1996 Secretary for the Chinese Student Association at the University of Washington.

Coaching inner city kids of New Orleans in soccer 1998-1999.

2003-2004 Guest speaker for Career Days at Macy Intermediate School.

2003-2004 Revlon Walk/Run to support research in cancer for women.

July 2004 Firecracker 5K Healthwalk/run Shreveport, Louisiana.

2004-2005 Revlon Walk/Run for Women's Cancer Research

2005 Volunteer at the Kaiser Permanente 10th Annual International Dragon Boat Festival San Francisco, California.



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2006 Face to Face International Mission to help women who suffered from domestic violence and children with congenital anomalies. Ho Chi Minh City and Hue, Vietnam. October 14-22, 2006.

2008 Face to Face International Mission to help women who suffered from domestic violence and children with congenital anomalies. Linyi, China. October 9-18, 2008.

Languages:

Chinese conversational and moderate level in medical mandarin Chinese

Spanish medical conversational speech

Medical Missions:

October 14-22, 2006: Face To Face Humanitarian Medical Mission to Vietnam.

October 9-18, 2008: Face To Face Humanitarian Medical Mission to Linyi, China.