



AESTHETIC FACIAL PLASTIC SURGERY PLLC
DR. PHILIP YOUNG, MD

Your Anesthesia Experience

Anytime you undergo anesthesia, your general health condition must be considered. Depending on your age and the results of your history and physical, you may need preoperative testing such as blood work, chest x-ray, or EKG. This is done to ensure that your current health does not put you at any additional unnecessary risk while under anesthesia.

There are three levels of sedation that we offer. The first level of sedation is with oral sedation with valium (sedative), Percocet (pain medication), and Phenergan (anti-nausea medication). You will be less aware with this level of sedation but responsive to voice. The second level is a little deeper state of sedation that is administered through an intravenous line. We term this level as conscious sedation. This level is administered by our own nurse and you will be very sleepy but still responsive to more forceful amounts of voice and touch. The third level is also conscious sedation but you are in a much deeper level of sedation. This third level is administered through an intravenous line given by a certified registered nurse anesthetist. This level can allow you to go into a deeper state of conscious sedation where you require more stimulation through touch and voice to become responsive. In the third level of sedation, you will be much less aware of what is going on during the procedure than the first two levels.

We ask that you strictly avoid food and liquids after midnight the day before your procedure or at least 8 hours before your procedure. This is done for your protection to empty your stomach to prevent aspiration of food or fluid from the stomach into the lungs during anesthesia. If you are just having local anesthesia with your procedure and no sedation with Dr Young you may be allowed to have something light before your procedure **BUT YOU SHOULD ASK DR YOUNG BEFORE DOING THIS.**

Either prior to or on the day of surgery, your anesthesiologist will have questions for you regarding your health, height, weight and past anesthesia experiences. Complete and honest answers are required to assist your anesthesiologist in planning and administering the safest level of anesthetic possible. As you wake up from your anesthesia, your vitals will still be monitored closely for usually another hour. Often you will be given additional medications for discomfort and/or nausea. Once you are awake and aware, you may be released to a responsible adult to go home with you. Please follow the post-operative instructions closely regarding supervision requirements and activity restrictions. Drinking lots of fluids will help rid your body of the medications used for anesthesia more quickly.