



AESTHETIC FACIAL PLASTIC SURGERY PLLC  
DR. PHILIP YOUNG, MD

## **BOTOX / DYSPORT INFORMATION SHEET**

Congratulations on receiving Botox. You will find that Botox has many benefits to keeping you looking younger. We composed this information sheet to help you with your adjustment to the effects of Botox. Always let us know if you have any questions regarding your treatment. We want you to report any adverse effects that you weren't expecting including persistent redness, swelling, movement disorders that were not expected, and excessive pain.

Again, 1-2 weeks before and after your treatment you should not take any high dose Vitamin E, aspirin, herbal medications, supplements ( like fish oil, omega 3's, Chinese herbs, etc.) and anti inflammatories (like Naproxen, Aleve, Motrin, Ibuprofen, Excedrin, Indocin, Piroxicam, etc). Please review the "Medications to Avoid" sheet for more information on our Resource Page.

### **Immediately after Botox (Dysport):**

You should have minimal swelling and this will continue to subside so that in a couple of hours there should be no signs of injection. We suggest icing your areas of injection but strictly avoid massaging the area which can disperse the Botox to other areas that are unwanted. Cosmetics may be used immediately after injections. Strenuous activity should be avoided until the next day.

### **4 Days after Injecting Botox (1-3 days with Dysport):**

You will begin to see the effects of Botox.

### **2 Weeks after Injecting Botox (1 week with Dysport):**

The maximum effects of Botox should be realized. This is typically the time period when you should come back to us with any issues from the botox. At this time, we can inject more if needed or assess any issues that may have developed.



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### **3-6 Months after Injecting Botox / Dysport:**

The effects of Botox are nearing their completion and this is the point where you may consider re-injecting the Botox for a continual effect. As you continue on a regime of Botox, you may notice that your need to re-inject is decreased as the length of time that you have an effect from Botox is increased and the amount of Botox that is needed to achieve the same effect is also decreased.

We would like you to make a follow-up appointment with us at 3 months to assess your progress. This is a great time to consider re-injecting more Botox / Dysport to maintain your results. You can find more important information on our website under our Procedure tab and under Botox. Please call or email us anytime, we would really like to help you with your journey towards facial rejuvenation.

Your Team at Aesthetic Facial Plastic Surgery