



AESTHETIC FACIAL PLASTIC SURGERY PLLC
DR. PHILIP YOUNG, MD

Medications to Avoid

If you are taking any medications on this list, they should be discontinued 2 weeks before and after your procedure and specifically high dose vitamin E, herbal medications, supplements, fish oil, omega 3's, aspirin, and anti-inflammatories. You should only take acetaminophen products, such as Tylenol, for pain. All other medications that are prescription, herbal, supplements, and the things below that you are currently taking must be specifically cleared by Dr. Young prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by Dr. Young and the nursing staff.

Aspirin Medications to Avoid: *Affect blood clotting.*

4-Way Cold Tabs	Butalbital Compound	IBU	Panasal
5-Aminosalicylic Acid	Cama Arthritis Pain Reliever	Indomethacin products	Pentasa
Acetilsalicylic Acid	Carisoprodol Compound	Isollyl Improved	Pepto-Bismol
Actron	Cataflam	Kaodene	Percodan products
Adprin-B products	Cheracol	Lanorinal	Phenaphen/Codeine #3
Aleve	Choline Magnesium	Ibuprohm	Pink Bismuth
Alka-Seltzer products	Trisalicylate	Lodine	Piroxicam
Amigesic Argesic-SA	Choline Salicylate	Lortab ASA	Propoxyphene Compound products
Anacin products	Cope	Magan	Robaxial
Anexsia w/Codeine	Coricidin	Magnaprin products	Rowasa
Arthra-G	Cortisone Medications	Magsal	Roxeprin
Arthriten products	Damason-P	Marnal	Saleto products
Arthritis Foundation products	Darvon Compound-65	Marthritic	Salflex
Arthritis Pain Formula	Darvon/ASA	Mefenamic Acid	Salicylate products
Arthritis Strength BC Powder	Diclofenac	Meprobamate	Salsalate
Arthropan	Dipenturn	Mesalamine	Salsitab
ASA	Disalcid	Methocarbarnol	Scot-Tussin Original 5-Action
Asacol	Doan's products	Micrainin	Sine-off
Ascriptin products	Dolobid	Mobidin	Sinutab
Aspergum	Dristan	Mobigesic	Sodium Salicylate
Asprimox products	Duragesic	Momentum	Sodol Compound
Axotal	Easprin	Mono-Gesic	Soma Compound
Azdone	Ecotrin products	Motrin products	St. Joseph Aspirin
Azulfidine products	Empirin products	Naprelan	Sulfasalazine
B-A-C	Equagesic	Naproxen	Supac
Backache Maximum Strength Relief	Etodolac	Night-Time Effervescent Cold	Suprax
Bayer Products	Excedrin products	Norgesic products	Synalgos-DC
BC Powder	Fiorgen PF	Norwich products	Talwin
Bismatrol products	Fiorinal products	Olsalazine	Triaminicin
Buffered Aspirin	Flurbiprofen	Orphengesic products	Tricosal
Bufferin products	Gelpirin	Orudis products	Trilisate
Buffetts 11	Genprin	Oxycodonc	Tussanil DH
Buffex	Gensan	Pabalate products	Tussirex products
Butal/ASA/Caff	Goody's Extra Strength Headache Powders	P-A-C	Ursinus-Inlay
	Halfprin products	Pain Reliever Tabs	Vanquish



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Wesprin
Willow Bark products

Zorprin

Ibuprofen Medications to Avoid: *Affect blood clotting.*

Acular (ophthalmic)	Haltran	Nabumetone	Rhinocaps
Advil products	Indochron E-R	Nalfon products	Sine-Aid products
Anaprox products	Indocin products	Naprosyn products	Sulindac
Ansaid	Ketoprofen	Naprox X	Suprofen
Clinoril	Ketorolac	Nuprin	Tolectin products
Daypro	Ibuprin	Ocufen (ophthalmic)	Tolmetin
Dimetapp Sinus	Ibuprofen	Oruvail	Toradol
Dristan Sinus	Meclofenamate	Oxaprozin	Voltaren
Feldene	Meclomen	Ponstel	
Fenoprofen	Menadol	Profenal	
Genpril	Midol-products	Relafen	

Avoid ALL Diet Aids – Including Over-the-Counter & Herbal
Intensify anesthesia, serious cardiovascular effects.

Tricyclic Antidepressants to Avoid

Intensify anesthesia, cardiovascular effects.

Adapin	Doxepin	Maprotiline	Tofranil
Amitriptyline	Elavil	Norpramin	Triavil
Amoxapine	Endep	Nortriptyline	Trimipramine
Anafranil	Etrafon products	Pamelor	Vivactil
Asendin	Imipramine	Pertofrane	
Aventyl	Janimine	Protriptyline	
Clomipramine	Limbitrol products	Sinequan	
Desipramine	Ludiomil	Surmontil	

Other Medication to Avoid: *Affect blood clotting.*

4-Way w/ Codeine	Dicumerol	Miradon	Stelazine
A.C.A.	Dipyridamole	Opasal	Sulfinpyrazone
A-A Compound	Doxycycline	Pan-PAC	Tenuate
Accutrim	Emagrin	Pentoxifylline	Tenuate Dospan
Actifed	Enoxaparin injection	Persantine	Thorazine
Anexsia	Flagyl	Phenylpropanolamine	Ticlid
Anisindione	Fragmin injection	Prednisone	Ticlopidine
Anturane	Furadantin	Protarnine	Trental
Arthritis Bufferin	Garlic	Pyrroxate	Ursinus
BC Tablets	Heparin	Ru-Tuss	Virbamycin
Childrens Advil	Hydrocortisone	Salatin	Vitamin E
Clinoril C	Isollyl	Sinex	Warfarin
Contac	Lovenox injection	Sofarin	
Coumadin	Macrochantin	Soltice	
Dalteparin injection	Mellaril	Sparine	



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Salicylate Medications, Foods & Beverages to Avoid: *Affect blood clotting.*

Amigesic (salsalate)	Pabalate	Almonds	Garlic
Disalcid (salsalate)	Pepto-Bismol (bismuth subsalicylate)	Apples	Ginger
Doan's (magnesium salicylate)	Salflex (salsalate)	Apricots	Grapes
Dolobid (diflunisal)	Salsalate	Blackberries	Pickles
Magsal	Salsitab (salsalate)	Boysenberries	Prunes
Pamprin (Maximum Pain Relief)	Trilisate (choline salicylate + magnesium salicylate)	Cherries	Raspberries
Mobigesic		Chinese Black Beans	Strawberries
		Cucumbers	Tomatoes
		Currants	Wine

Vitamins and Herbs to Avoid

Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.

Ackee fruit	Devil's club	Goldenseal	Muwort
Alfalfa	Dong Quai root	Gotu Kola	Nem seed oil
Aloe	Echinacea	Grape seed	Onions
Argimony	Ephedra	Guarana	Papaya
Barley	Eucalyptus	Guayusa	Periwinkle
Bilberry	Fenugreek seeds	Hawthorn	Selenium
Bitter melon	Feverfew	Horse Chestnut	St. John's Wort
Burdock root	Fo-ti	Juniper	Valerian/Valerian Root
Carrot oil	Garlic	Kava Kava	"The natural Viagra®"
Cayenne	Ginger	Lavender	Vitamin E
Chamomile	Gingko	Lemon verbena	Willow bark
Chromium	Gingko biloba	Licorice root	Yellow root
Coriander	Ginseng	Ma Huang	Yohimbe
Dandelion root	Gmena	Melatonin	

If you are taking anything not on this list, please call the office at «Practice_Phone» to notify us and make sure that it is okay.