SECTION 1
INTRODUCTION TO RESTYLANE®

The Medicis Aesthetics Product - Restylane® is a sterile gel consisting of non-animal stabilized hyaluronic acid for injection into the skin to correct facial lines, wrinkles and folds in the United States and used to enhance the appearance & fullness of lips in over 60 other countries.

Hyaluronidase injections are used to take away restylane and will be used sometimes to augment your results. Rarely, allergic reactions can occur with these injections, including the risks below that are similar to restylane injections.

SECTION 2
RISKS OF PROCEDURES

Please review the following statements before signing this document as your acknowledgement and understanding of this consent form and the risks involved in this procedure.

- The details of the procedure have been explained to me in terms I understand.
- Alternative methods and their benefits and disadvantages have been explained to me.
- I am aware Restylane® products are made from hyaluronic acid and are used as temporary filling agents for lines/wrinkles and to augment soft tissues of the face.
- I understand and accept the most likely risks and complications of Restylane® injection(s) that include but are not limited to:
  - Swelling and/or itching at injection site
  - Redness and/or bruising
  - Facial Pain
  - Skin discoloration
  - Scabbing around injection site
  - Tenderness at the implant site

These reactions typically resolve:

Injection into the skin: Injection into the lips
- 2 to 3 days after treatment
- Within a week after treatment
- I understand and accept that other more rare reactions may occur with the use of Restylane® injection(s) that include but are not limited to:

- Swelling at the implant site (sometimes affecting surrounding tissue)
- Redness
- Acne-like formations
- Permanent scarring at or around injection site
- Tenderness
- Extremely rare risks include damage to Organs, Nerves, Vessels, Infection, Death, Anesthesia Risks, Poor Results, Bleeding, Damage to Eye, Stroke, Blindness.
These reactions are rare (1 in 5,000 treated patients) and may occur one to several weeks after treatment. The average duration of these reactions are two (2) weeks.

- I am aware that the duration of the Restylane® varies from patient to patient. Injections into the skin may last 6 months or longer while injections into the lips may last from 4 to 6 months.
- I am aware that follow-up treatments may help sustain the desired effect of the Restylane® treatment.
- I am aware that smoking during the pre- and postoperative periods could increase chances of complications.
- I understand and accept the less common complications, including the remote risk of death or serious disability that exists with this procedure.
- I have informed the doctor of all my known allergies.
- I have informed the doctor of all medications I am currently taking, including prescriptions, over-the-counter remedies, herbal therapies, and any other oral or topical treatments.
- I have been advised whether I should take any or all of these medications on the days surrounding the procedure.
- I am aware and accept that no guarantees about the results of the procedure have been made or implied.
- I have been informed of what to expect post-treatment, including but not limited to: estimated recovery time, anticipated activity level, and the necessity of additional procedures if I wish to maintain the appearance this procedure provides me.
- I am not currently pregnant or nursing and I understand that should I become pregnant while using this drug there are potential risks, including fetal malformation.
- If pre- and post-operative photos and/or videos are taken of the treatment for record purposes, I understand that these photos will be the property of Aesthetic Facial Plastic Surgery and may be used for medical, educational, scientific purposes and advertising purposes.
- I have had an opportunity to review and sign Aesthetic Facial Plastic Surgery's Photographic / Videographic Documentation Consent Form.
- The doctor has answered all of my questions regarding this procedure.
- I have been advised to seek immediate medical attention if swallowing, speech or respiratory disorders arise.

**SECTION 3**

**POST-TREATMENT INSTRUCTIONS**

The following post-treatment procedures should be followed:

- Cold Compresses may be used immediately after treatment to reduce swelling. It is suggested to use a soft cloth dipped in cold water, wrung out, and applied to the injection area.

- Avoid touching the treated area within six hours following treatment to avoid injuring your skin. Afterwards, the area can be gently washed with soap and water.

- Avoid exposing the treated area to intense heat or UV lamp exposure until there is no redness or swelling.
If you suffer from cold sores, there is a risk that the needle punctures could contribute to another recurrence. Speak to your physician about medications that may minimize a recurrence.

Avoid taking aspirin, non-steroidal anti-inflammatory medications, St. John's Wart and high doses of Vitamin E supplements for one week after treatment. These may increase bruising and bleeding at the injection site.

SECTION 4
DISCLAIMERS

IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:

A. THE ABOVE TREATMENT OR PROCEDURE TO UNDERTAKEN.
B. THERE MAY BE ALTERNATIVE PROCEDURES OR METHODS OF TREATMENT.
C. THERE ARE RISKS TO THE PROCEDURE OR TREATMENT PROPOSED.

I CONSENT TO THE TREATMENT OR PROCEDURE AND THE ABOVE LISTED ITEMS. I AM SATISFIED WITH THE EXPLANATION.

I AM AWARE THAT THE PRACTICE OF MEDICINE IS NOT AN EXACT SCIENCE AND ACKNOWLEDGE THAT NO GUARANTEES OR PROMISES HAVE BEEN MADE TO ME ABOUT THE RESULTS OF THE PROCEDURE.

I ALSO UNDERSTAND THAT MY RESULTS AND RECOVERY WILL VARY AND MAY NOT BE SIMILAR TO THE RESULTS AND RECOVERY OF THAT OF OTHER PATIENTS INCLUDED THOSE DEPICTED IN AESTHETIC FACIAL PLASTIC SURGERY, P.S ADVERTISING.

BE SURE TO ASK YOUR PHYSICIAN IF YOU HAVE ANY QUESTIONS ABOUT YOUR CARE OR PROCEDURE.

It is important that you have read the above information carefully and have all your questions answered before signing the consent form.

I authorize and direct Dr Young, M.D., with associates or assistants of his or her choice, to perform the following procedure of Restylane® injection(s) on Mickey Mouse for the treatment of the proposed areas.

I certify that I have read and understand this treatment agreement and that all blanks were filled in prior to my signature. If signing on behalf of a minor, I certify that am the parent, guardian, or conservator of the minor and I am authorized to sign this consent form on the minor's behalf.

I certify that I have explained the nature, purpose, benefits, risks, complications, and alternatives to the proposed procedure to the patient. I have answered all questions fully, and I believe that the patient fully understands what I have explained.
Post Procedure Instructions for Fillers (Radiesse, Restylane, Juvederm, Perlane)

Congratulations on having your filler placed! After the procedure, there can be swelling, bruising, lumps and bumps. These gradually decrease over the course of the week and usually improve a lot over the first three days. We usually suggest manual massage for the first 2 weeks over the areas that are more raised, noticeable or incongruent with the surrounding structures. If there are still some issues, you should make an appointment at 2 weeks and we can help resolve things for you. For Restylane, Juvederm, and Perlane, there are enzymes that can be injected to smooth away certain areas. Also, you can always inject more product to improve the appearance as well.

It is okay to put make-up on after your filler procedure but if you are particularly red it might be better to wait at least 1-2 days. It is always good to avoid high dose vitamin E, herbal medications, supplements (like fish oil, omega-3’s), anti inflammatories (like naproxen, Aleve, ibuprofen, Indocin, piroxicam, sulindac, ecotrin, Bayer, aspirin, Motrin, Excedrin), and other blood thinners 2 weeks before and 2 weeks after your procedure. We have a list of medications and things not to take before your procedure on our resource page on our website. Avoiding blood thinners will help in preventing increased bleeding during and after your procedure. Excessive bleeding can create a lot of complications during your recovery and procedure.

Immediately after your procedure you should try your best to ice the areas of injection for 15min every hour. Icing is best the first 2-3 days. You can use ice but do not directly apply the ice to the skin. There should always be something in between the ice and your skin so you don’t freeze or damage your skin. Plastic zip lock bags are great for this purpose. Frozen peas and cucumbers in a zip lock bag are a common recommendation. Commercially prepared icepacks are also very commonly prescribed.

For the first 48 hours it may be prudent to avoid hot showers (use luke warm water), hot and spicy liquids, foods. Try to keep things cool for the first 48 hours and limit your activity if possible. For the bruising you can alternate between warm and cold compresses but you should consult our Office before doing so.

If you have increased redness, swelling, or tenderness 2-3 days later this could indicate an infection and you should call us immediately at 425-990-3223 and possibly come in to see us. We will do everything we can to take care of you. We would like you to make a follow up appointment at 6 months for us to assess your progress. This is also the ideal time point to re-inject more product and get even longer lasting results based on scientific study. Please contact us anytime via email or calling us. We would like to be of any help during your journey towards facial rejuvenation.

Your Team at Aesthetic Facial Plastic Surgery